

S. Boulardii SAP

Science-based probiotics for antibiotic-associated diarrhea

Saccharomyces boulardii is a yeast probiotic. *S. boulardii* has many mechanisms of action, including inhibition of some bacterial toxins, anti-inflammatory properties, the ability to stimulate the intestinal mucosa to increase brush-border enzymes, as well as immunostimulatory effects. There is evidence that *S. boulardii* is beneficial for the treatment of acute gastroenteritis, recurrent infections, and the prevention of antibiotic-associated diarrhea. *S. boulardii* has been researched in children and infants, and has been demonstrated to be a treatment option and has been used for prevention of infantile gastroenteritis and antibiotic-associated diarrhea.

ACTIVE INGREDIENTS

Each vegetable capsule contains:

Saccharomyces cerevisiae var *boulardii* CNCM-I-1079 10 billion CFU

Other ingredients: Maltodextrin, ascorbic acid, and vegetable magnesium stearate in a capsule composed of vegetable carbohydrate gum and purified water.

This product is non-GMO and vegan friendly.

Contains no: Gluten, soy, wheat, eggs, dairy, citrus, preservatives, artificial flavour or colour, starch, or sugar.

Made from registered DNA sequence of *S. boulardii*.

S. Boulardii SAP contains 30 capsules per bottle.

Keep refrigerated.

DIRECTIONS FOR USE

Children 6–12 years old, adolescents 13–17 years old, and adults: Take 1 capsule one to three times daily or as directed by your healthcare practitioner.

INDICATIONS

S. Boulardii SAP has been shown to help improve immune function, as well as reduce antibiotic-associated diarrhea and recurrent intestinal infections. It is safe and effective for use in both adults and children.

CAUTIONS AND WARNINGS

Discontinue use and consult a healthcare practitioner if symptoms of digestive upset (e.g. diarrhea) occur, worsen, or persist beyond 3 days.

CONTRAINDICATIONS

Do not use if you have nausea, fever, vomiting, bloody diarrhea, severe abdominal pain, or an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment).

INCREASED BIOAVAILABILITY

S. Boulardii SAP is:

- Supplied in a vegetable capsule for easy digestion.
- Resistant to gastric and bile acids, and therefore does not need to be enteric-coated in order to have a beneficial effect in the intestinal tract.

PURITY, CLEANLINESS, AND STABILITY

All ingredients listed for all **S. Boulardii SAP** lot numbers have been tested by a third-party laboratory for identity, potency, and purity.



Scientific Advisory Panel (SAP):
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to achieve optimum health



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